

# Cohuna Consolidated School

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Newsletter No 6

28<sup>th</sup> April 2022

Dear Parents,

We were lucky to have some magnificent weather over the holidays and Easter. I hope everyone had a relaxing holiday and safe Easter. This term we are going to be very busy with a number of activities planned. We have events such as our school Cross Country, NAPLAN, Education Week and the Prep Information Evening for prospective parents for 2023.

Thank you to all of the staff and students that attended the ANZAC March and ceremony last Monday. It was terrific to hear that we had a large number of students and staff marching. The ANZAC Day march and service is an important day to remember the service men and women who have served our country during times of conflict, wars and peacekeeping missions.

Yesterday we held our own school ANZAC ceremony in wet and cold conditions. Thank you to Mr Geoff Dale and the RSL members that attended, Mr Jefferson Smith for his bugle playing and all of the parents that attended the ceremony. I would also like to congratulate the Grade 6 children on the way they coordinated the ceremony. The children each read an excerpt from the book 'Lone Pine' written by Susie Brown and Margaret Warner.



The new Education Department COVID19 protocols for Term 2 have all been listed on Compass and Facebook. Please make yourself aware of the changes. We will continue to supply RAT tests for the next four weeks. A new batch has been handed out this week to your child. If your child does test positive, please let the school know as soon as possible.

**Once again please do not send your children to school when ill in any way or displaying symptoms of COVID19 even if testing negative. Thank you.**

Have a great term!  
Rob West

## SCHOOL COUNCIL MEMBERS 2022:

We would like to congratulate new School Councillor Lucy McGillivray as well as Mel Wishart, Kate Fehring, Nicole Gray, Justin Thies, Tania Pigdon and Kathryn Curry (DET Representatives) for their renewed tenure.

Thank you to Ian Robe whose tenure ended. Your contribution was greatly appreciated. Congratulations to Paul Lacy whose tenure as School Council President was also renewed.

School Council positions for 2022 are as follows:

**President-** Paul Lacy

**Vice President-** Melanie Read-Wishart

**Secretary-** Kathryn Curry

**Treasurer-** Kate Fehring

**Finance Committee-** Tania Pigdon & Kathryn Curry (DET Representatives)

**Environment Committee-** Nicole Gray & Justin Thies

## CCS CROSS COUNTRY:

A flyer regarding our Cross Country on Friday, 6<sup>th</sup> May is attached to this newsletter. Please ensure you read the flyer as it contains very important information.

*Caring & Commitment leads to  
Success*

*Phone Numbers: 5456 2361 & 5456 2355 (Canteen 5456 2121)  
Acting Principal: Valerie Lobry*

## SCHOOL LEADERS 2022

Congratulations to all of the students that have been either elected or nominated for school leadership positions. We thank these students for taking on these important student leadership roles and wish them every success during 2022.

### House Captains

- **Loddon** – Tayla Lewis & Tait Simmonds
- **Mallee** – Evie Green & Dane O’Connell
- **Murray** – Zahra Vasko & Jacob Ford

### Bus Captains

- **Gannawarra** – Dane O’Connell & Tayla Lewis
- **Island** – Claire Rooney & Zahra Vasko
- **Gunbower No. 1** – Brock Smith
- **Gunbower No. 2** – Indiana Neivandt & Thor Burns
- **Pyramid Hill** – Seth Butler
- **Mead** – Evie Green
- **Horfield** – Tait Simmonds

### School Captains

- **Captains**- Noah Mathers, Kaiya Wishart
- **Vice Captains** – Dempsey Wells & Shae Taylor

### Junior School Council Representatives

- **Rm. 2** - Twiggy Douglas and Gabriel Dayag
- **Rm. 3** - Seth Lewis and Bella Ferris
- **Rm. 4** - Jaimee Ferris and Lawson Fehring
- **Rm. 6** - Marlee Webb and Evie Worthy
- **Rm. 11** - Layla Slingo and Blair Derich
- **Rm. 13** - Jaeda Church and Reece Baddeley
- **Rm. 14** - Noah Mathers, Kaiya Wishart ,  
Dempsey Wells & Shae Taylor



The canteen will be closed TOMORROW, Friday 29<sup>th</sup> April and Friday 6<sup>th</sup> May. Students will need their lunch on this day.



*1st May Hats Away*

*1st September Hats to Remember*

## TERM 1 EASTER RAFFLE

Our Easter Raffle winners last term were extremely excited to get their prizes home. Congratulations to all winners.

The Easter Raffle made a profit of \$1651.50. Once again thank you to everyone who participated and to Parents Club for enabling the raffle to take place.

## SCHOOL PHOTOS

School photos were taken today. If you have any concerns prior to receiving your child’s photos or after receiving your photos please contact MSP Photography direct. They will be more than happy to assist you.

## 2023 FOUNDATION PARENT INFORMATION NIGHT

Our 2023 Foundation Parent Information night will be held at the school on Wednesday, 25<sup>th</sup> May commencing at 7pm. Please share this information to any prospective families who would like to join our wonderful school. Please see the flyer in this newsletter for further information.



### MAY

**Tuesday, 3<sup>rd</sup> May** – Mother’s Day gift forms due back

**Thursday, 5<sup>th</sup> May** – Mother’s Day gifts sent home for those who purchased a gift.

**Friday, 6<sup>th</sup> May** – CCS Cross Country

**Tuesday, 10<sup>th</sup> – Friday, 13<sup>th</sup>** – NAPLAN

**Friday, 13<sup>th</sup>** – GRIP Excursion (School Leaders)

**Monday, 23<sup>rd</sup> - Friday, 26<sup>th</sup>** Education Week

**Wednesday, 25<sup>th</sup>** – Open Day 11.20am – 1.20pm

Special Lunch Order on this day  
– 2023 Prep Information Evening 7pm



### APRIL

30<sup>th</sup> Jordy Crilly

### MAY

2<sup>nd</sup> Jensen Fehring, Tilly Curry, 4<sup>th</sup> Bella Ferris, Jaida

Randall, 6<sup>th</sup> Jessica Barker, Imogen Thies

7<sup>th</sup> Bentleigh Stone & 8<sup>th</sup> Gabriel Dayag



## COHUNA CONSOLIDATED SCHOOL CROSS COUNTRY 2022



The cross country will be run at the Cohuna Recreation Reserves on Friday 6<sup>th</sup> of May.

The children will run in their age groups. Parent spectators are welcome **(please do not park on the fence)**. Please take care when driving into the oval as the children will be running around the outside of the oval. We start with the 8 year olds, so the younger students can see where they are to run. The 5 and 6 year olds follow then the 7 year olds, 9 year olds, 10 year olds and lastly the 11 and 12 year olds. The 5/6 year olds run 1km. 7/8 year olds run 1.5 km, 9/10 year olds run 2km and the 11/12 year old run 2.5km.

The age is the age the child turns this year.

5 years - PINK, 6 years - BLUE, 7 years - GREEN, 8 years - YELLOW, 9 years - WHITE, 10 years - RED, 11 years - ORANGE, 12 & 13 years - BROWN.

Students can wear a top in the same colour (if possible) as their house and running shorts to school. Children are not to wear football jumpers as their running top. Children should also make sure they have warm clothing (in case of inclement weather).

### TIMETABLE

Lunch will be held early at 12.05 a.m. and finish at 12:25 p.m. We will start leaving at 12:30 p.m. The first event will be run at 12:45 pm (depending on how long it takes us to bus down there).

### TRANSPORT ARRANGEMENTS

The children will travel by bus to and from the Cohuna Football oval. **Children may go home with their parents from the Cross Country. Parents must sign their children off on the class lists and bus rolls at the oval.**

# COHUNA CONSOLIDATED SCHOOL



**EDUCATION WEEK: 23RD - 27TH MAY**

**OPEN DAY - FOR PARENTS, GRANDPARENTS  
AND THE COMMUNITY**  
Wednesday, 25th May  
11.20am - 1.20pm

Principal Tours - Please ring the school  
on 54562361 to make a booking.

**2023 PROSPECTIVE  
PREP PARENT SCHOOL  
INFORMATION EVENING -**  
Wednesday, 25th May  
7pm-8pm at the school.  
Child minding  
facilities will be available  
and nibbles provided.



Mead Street (PO BOX 304) COHUNA, 3568 PH: 0354562361  
cohuna.cs@education.vic.gov.au

# COMMUNITY NOTICES



Dear Parents/Guardians, you are invited to our

## Year 7 2023 Information

*Wednesday 11th May at 7pm*

Tour Cohuna Secondary College with our Principal, Mrs Fiona Miller  
 • Wednesday 4th May at 11am, 2pm and 4:30pm

Book your tour by contacting CSC 5456 2555  
 or cohuna.sc@education.vic.gov.au



*Community—Ownership—Respect—Excellence  
 Excellemus: Let us excel*

♥ NET ♥ SET ♥ GO



## AGES 5-8

Kicks off this  
 Thursday 28th April  
 4:30pm-5:15pm

## AGES 9-11

Kicks off this  
 Thursday 28th April  
 4:45pm-6:00pm



Leitchville Gunbower's own net set go will be kicking off this  
 Thursday the 28th of April  
 There is still time to register:

<https://netballconnect.worldsportaction.com/login>

NDCH supports over 200 individuals and families across our region who are at risk of or are experiencing homelessness. For these 200 people there are over 500 dependent children.



# WINTER WOOLLIES DRIVE

Donate clean, undamaged blankets and warm winter clothes at:

- NDCH Kerang
- NDCH Quambatook
- NDCH Cohuna
- NDCH Pyramid Hill
- BRIC, Boort

**2nd May to 13 May 2022**



## GETTING KIDS BACK TO A GOOD SLEEP ROUTINE AFTER SCHOOL HOLIDAYS

Brought to you by NDCH

Good sleep is REALLY important to our health and well-being. Even more so in school-aged children who need rest to help them grow, learn, concentrate, and be happy.



### CREATE A POSITIVE SLEEP ENVIRONMENT

- Not too hot or cold
- Dark
- Quiet
- Comfortable

### CREATE A BEDTIME ROUTINE

- Have a bath/shower
- Put on PJ's
- Brush teeth
- Go to the toilet
- Read a book
- Sleep time

### QUIET ACTIVITIES BEFORE BED

- Reading
- Yoga
- Puzzles
- Colouring
- Writing
- Bath/shower

### HEALTHY EATING & PHYSICAL ACTIVITY

Each day aim for

- 2 pieces of fruit
- 5 serves of vegetables
- 7 cups of water
- 60 minutes of physical activity

### KEEP A REGULAR BEDTIME (EVEN ON WEEKENDS)

This makes sure your child is getting enough sleep.



**DON'T FORGET**



KEEP ELECTRONIC DEVICES OUT OF BEDROOMS and have at least 1 hour before bed device free.



For more tips and information visit:

<https://www.sleepfoundation.org/articles/back-school-sleep-tips-0>